

TENTATIVE
NHSGA Senior Showcase Invitational 2014
***Tentative Time Schedule Revised 4/28/14**

Thursday May 15, 2014

Please bring your t-shirt that you want to exchange to the practice on Thursday-make sure you pick up a t-shirt coupon so you can get one during open stretch at Finals on Sunday.



****12:00(NOON)-3:30pm** Scheduled **Workout** at Estero Community Center- this is primarily a time to familiarize yourself with the equipment, **not to have a full workout.**

Each State (team) will be assigned approximately 15 minutes per event/per 6 competitors per 15 minute time slot.

****5:30pm - NEW THIS YEAR --** Arrive at Nervous Nellies(gymnasts and coaches only)-Must have bracelet from lead coach to attend. <http://nervousnellies.net/>

****6:00-9:00 Opening Ceremonies Banquet:** Celebration of gymnasts /coaches/judges, dinner, raffles, ice breakers, important meet information.

****9:30 Coaches and Gymnasts Meeting** at DiamondHead-Diamond Room near lobby. NHSGA Meeting Immediately after coaches/gymnast meeting at DiamondHead (same room) Goodie bags and t-shirts distributed here.

****Coaches Social**—Room TBA at Meeting-T-shirts/programs to be distributed here.

Friday May 16, 2014-Prelims and Team Competition

9:00 am Gym Opens
9:00-10:00 Open Stretch
10:10am March In and Opening Ceremonies
10:30 Competition Begins

Coaches Social @ Diamond Head -Time and Place TBD

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Saturday May 17, 2014-Event Finals-

8:00 am Gym Opens-T-shirt exchange-first come first served, come early for best selections, remember your coupon

8:00-9:15 Open Stretch and Event Warm Ups

9:20 March In (ALL Teams/Competitors/Coaches March In)

9:30 Event Finals Begin

Coaches Social @ Diamond Head -Time and Place TBD

This is a **TENTATIVE** timeline and is subject to change. Check back to the website often and with the front desk at the hotel for a finalized timeline.

Gymnasts and Coaches Opening Ceremonies
Location Tentatively at
Nervous Nellies <http://nervousnellies.net/>



*A finalized timeline will be available at the gymnast/coaches meeting on Thursday evening